Logan Ray

Technical Teamwork

Brother Clements

User Manual

My style:

Personally, I like to approach life and most situations very logically. I try and solve problems by thinking through them and with trial and error. I am not afraid to ask questions about things that don’t make sense to me. I try and learn things quickly by learning from other people’s experiences and knowledge. This helps me become proficient in activates faster than normal people.

What I value:

I value honestly and kindness. When people are kind and honest people, I usually have immense respect for them and tend to value there input more. This helps me better work and synergies with the people I am working with. I really love it when people make commitments and actually keep them.

What I don’t have patience for:

I don’t have patience for people who try and talk down and belittle people. I find those type of teammates and leaders to be very ineffective. That they do more harm then good with their actions. When this happens to me I immediately loose most of my motivation to help the person who is talking down to me. But the opposite applies when people and kind and uplifting, I become more motivated to try my best.

How best to communicate with me:

It is best to communicate with me over text or phone call. When reaching out short, simple and to the point usually works best. I tend to respond the fastest to those who reach out earlier in the day rather than later.

How to help me:

My learning style is I try to learn as fast as possible when learning something new. I tend to ask lots of questions and try to learn from other people’s experiences. So, if you encourage questions and answer my questions with patience. I am able to learn a new skill significantly faster than figuring it out on my own.

What people misunderstand about me:

People tend to assume my experience to be higher in most areas than it is. I am usually pretty confident in most of the things I do. Because of this people tend to thing I know more in those activities and subjects.

Health: 1/2

Health is taking care of my body physically and my spiritual well being

Work:3/4

Work is anything that requires a lot of effort which isn’t for fun

Play: 3/4

Play is doing activities which bring enjoyment and relaxation in my life

Love: 1/2

Love is maintaining and building relationships with other people

Work view Reflection:

Work is when you are trading your time, effort, and skills in for an intended consequence. That reward can be a good feeling but most of the time people’s goal is to get money. Money is part of our world and as such we need to get it to survive. Work is an essential part of being a functional member of society. If people didn’t work, then society would cease to be. Work can bring a sense of belonging and pride. It can help you find purpose in life and let you contribute what you know and put it towards something greater. Without working it leads you to be unproductive with your time and can lead to other negative mental health problems. We always need to be trying to work at something or else we lose our sense of purpose.

Life view reflection:

For me personally my religious views provide a lot of my values and understanding of life. My beliefs in Jesus Christ help to give me my moral compass and define the things I should be trying to do and the things I shouldn’t be doing. My knowledge of the gospel and the plan of salvation helps give meaning to my life. This gives me purpose and knowledge of why I am here on earth and a motivation to continue forward. The gospel brings peace and happiness my life. Family is super important to me. My family is one of my biggest supports and I put a big priority on my relationships with them.

Good Time Journal

Monday:

Woke up and came to school: low engagement, low energy

Completed a team activity in programming: high engagement, medium energy

Went and made lunch: medium engagement, medium energy

Talked to my roommates: High engagement, medium energy

Worked on homework: low engagement, low energy

Played video games with friends: high engagement, high energy

Tuesday

Attended English class: medium engagement, medium energy

Attended weekly devotional: low engagement, medium energy

Went and played board games: high engagement, high energy

Talk to my mom: medium engagement, medium energy

Went to bed early: low engagement, high energy

Wednesday

Woke up late so hurried to class: high engagement, low energy

At breakfast in between class: medium engagement, medium energy

Went home after class: low engagement, medium energy

Watched some Netflix: medium engagement, medium energy

Attended my last class: medium engagement, low energy

Worked on homework: medium engagement, low energy

Thursday

Woke up and got ready: medium engagement, medium energy

Attended English class: low engagement, low energy

Ate lunch: medium engagement, medium energy

Attended my religion class: medium engagement, medium energy

Studied with my friend after class: medium engagement, high energy

Played board games with some friends: high engagement, high energy

Friday:

Slept in late: low engagement, high energy

Read a book for my English class: medium engagement, low energy

Went grocery shopping: medium engagement, medium energy

Watched the new Obi wan Kenobi show with friends: high engagement, high energy

Played some video games: high engagement, medium energy

Saturday:

Went to the gym with my roommate: high engagement, medium energy

Ate some food: medium engagement, medium energy

Worked on some homework: low engagement, medium energy

Played card games with roommates: high engagement, high energy

Went swimming: high engagement, medium energy

Prepared lesson for church the next day: medium engagement, medium energy

Sunday:

Woke up and got ready: medium engagement, medium energy

Attended ward council: high engagement, medium energy

Attended church: medium engagement, high energy

Played board games with friends: medium engagement, medium energy

Did some laundry: medium engagement, medium energy

Odyssey Plan:

Success in software engineering

1. 6 months: started networking for software engineering, have internship figured out

2. 1 year: Be working in an internship

3. 2 years: Keep my grades up and continue school

4. 3 years: Complete or nearly complete my bachelor’s degree

5. 4 years: Finished my degree and start a software engineer job

6. 5 years: Be into my career working full time

Plan 2

Backup plan with new skill

1. 6 months: go start working somewhere to try and start making money
2. 1 years: learn another skill like real estate agent and try to become specialized
3. 2 years: continue to learn new skill and get certified
4. 3 years: Start searching for opportunities to apply my new skill and start making money
5. 4 years: Continue to grow my skill and making money
6. 5 years: Become established in my skill and start investing money

Plan 3

Travel the world

1. 6 months: still be attending college to learn things I like
2. 1 years: continue in college
3. 2 years: keep working and enjoying college
4. 3 years: go take some time and travel around the world
5. 4 years: go back and finish my degree
6. 5 years: start working a bit and travel around

Engagement & Energy 3 mind maps

Text, letter

Description automatically generatedA picture containing text, whiteboard

Description automatically generated